1. FEE STRUCTURE

Self – Sponsored Students: Fulltime, Evening & Weekends (SSSFEW)

Tuition Fees Per Semester	Kshs.
Tuition Fees(6 Courses)	25,000

Administrative Charges Per Semester Student Activity Medical Fee Library ICT Students Association (GUSA) Fee Exam Fee(6 Courses) Practicals One-Off Administrative Charge (payable once on entry) Caution Money (refundable) Student ID Card	Kshs. 1,500 2,500 2,000 500 3,000 5,000 Kshs. 2,000 500
Registration/ Fee	2,000
Other Charges	Kshs.
Field Attachment Assessment in 8th semester of study	5,000
Research Project Supervision in 7th Semester of study	5,000

Tota	al Fees Pe	r Semeste	r (Exclu	isive of Ac	ccommo	dation an	d Food)
SEME	STER I	SEMESTER II	I	SEMEST	ER III	SEME	STER IV
SSSFTEW		SSFTEW		SSFTEW		SSFTEW	
46,000		41,500		41,500		41,500	
Tota	al Fees Pe	er Semeste	r (Exclu	ısive of Ac	ccommo	dation an	d Food)
SEMES	STER V	SEMEST	ER VI	SEMEST	ER VII	SEMES	STER VIII
SSFTEW		SSFTEW		SSFTEW		SSFTEW	
41,500		41,500		46,500		5,000	

Note: All applicable fees should be paid within one month of the start of the registered semester failure to which a late payment surcharge of Ksh.2,000 will automatically be debited to the student fee account.

2. ACCOMODATION & MEALS

- Self Contained Rooms (4 students sharing) inclusive of breakfast, Lunch & Supper = Ksh. 30,000 per semester Per student
- ii). Self Contained Rooms (6 students sharing) inclusive of breakfast, Lunch & Supper = Ksh. 28,000 per semester Per student
- iii). General Rooms (Washroom facilities outside the rooms) inclusive of breakfast, Lunch & Supper = **Ksh.26,000** per semester per student



FOR MORE INFORMATION PLEASE CONTACT

The Students Recruitment & Admissions Office Gretsa University P.O Box 3-01000 Thika, Kenya.

Tel: +254 711 949006, +254 712 959293

E-Mail: admission@gretsauniversity.ac.ke
info@gretsauniversity.ac.ke

Website: www.gretsauniversity.ac.ke

or

SMS the word GRETSA to 20133 free of charge

or

Visit our Main Campus Offices located at Thika Town Along
Thika Garissa Road.



gretsa_uni



Gretsa Thika





SCHOOL OF HEALTH SCIENCES

DIPLOMA IN NUTRITION AND DIETETICS



The School's Vision

To be a world class academic and professional centre of excellence in the provision of practical and research - based Health Sciences training.

The School's Mission

To train competent Health Professionals who will approach health issues with a holistic perspective and critically analyze problems with a view of integrating theory and practice in the assessment and provision of diagnostic, curative, preventive and promotive health care services so as to meet the dynamic health needs of the community.

Revised: April 2023

OVERALL GOAL OF THE PROGRAMME

To develop World Class Nutrition Professionals who will meet the ever dynamic nutrition and health needs by approaching health issues with a holistic perspective and critically analyzing problems with a view of integrating theory and practice in the assessment and provision of preventive and promotive health care services.

PROGRAMME LEARNING OUTCOMES

Upon completion of the programme a graduate should be able to:

- Identify nutrition problems
- Design and manage nutrition interventions.
- Critically plan, implement, monitor and evaluate nutrition interventions at all levels
- Provide Nutrition services in a range of settings including; community, health facilities, schools, churches, and food service departments.
- Educate consumers on issues of nutrition and dietetics at community and family level.
- Participate in the management of people with special needs and emerging issues including setting up appropriate interventions.
- Collaborate with other agencies including government, NGOs/FBOs, public and private sector on matters related to nutrition and dietetics.
- Apply measures to prevent and control nutrition related diseases, conduct nutrition assessment and surveillance and promote health.
- Assess, monitor and promote food security
- Conduct community diagnosis and implement community led programs

ADMISSION REQUIREMENTS

A candidate must satisfy any of the following minimum requirements:

- 1. KCSE mean Grade of C (Minus) or its equivalent as ascert ained by the Ministry of Education The Mandatory subjects shall be: **D+(Plus)** in English or Kiswahili, **D+(Plus)** in Biology, **D+(Plus)** in Chemistry and **D (Plain)** in any of the following: Mathematics, Physics, Home science or General Science
- A Certificate in Nutrition and Dietetics from Gretsa University or any other institution recognised by Gretsa University Senate
- Bridging: A holder of KCSE certificate or equivalent with a minimum of C -(Minus) but lacking the Mandatory cluster subjects may be required to undertake a bridging course in the respective courses offered at Gretsa University to qualify for entry

REQUIRED RESOURCES

The leaner will also be required to buy the following equipment:

- Laboratory Coat (White)
- Closed Low Heeled Shoes
- Scientific Calculator

 PROGRAMME DURATION

CAREER PROSPECTS

Nutritionists assess and deliver scientific evidence-based nutritional advice in a variety of settings to improve health and wellbeing. They work in non-clinical public ,private & community settings such as in: Educational and Research institutions, within community based health service nutrition and dietetics departments, Hospitals, long-term care, and outpatient departments.

GRADING OF COURSES

The Course will be graded as follows:

Overall Average Mark	Grade
75% and above	A
65% to below 75%	В
50% to below 65%	C
Below 50%	F

COURSE REGISTRATION REQUIREMENTS

The student will not be allowed to register for new courses offered in every semester unless they have passed the relevant preliquisite courses offered the previous semester as indicated under the program structure..

PROGRAMME STRUCTURE

DIND

DIPH

DIDII

043

043

Food Security

Food Hygiene and Safety

Pre: DIND 030

[Pre: DIND 033]

PROGRA Semester	_	RUCTURE	
Course	Code	Course Title	
DIND	010	Introduction to Nutrition and D	Dietetics
DIPH	011	Applied Sciences	
DIPH	012	Health Psychology	
DIPH	013	Human Anatomy and Physiolo	σv
GUCC	010	Computer Applications	<i>5)</i>
GUCC	011	Communication Skills	
Semester		Communication Skins	
Course	Code	Course Title	
DIND	020	Principles of Human Nutrition	[Pre: DIND 010]
DIND	021	Principles of Dietetics	[Pre: DIND 010]
DIHR	060	Principles of Primary Health C	
DIPH	020	Basic Mathematics and Biostat	
			[Pre: DIPH 011]
DIPH	021	Microbiology and Parasitology	
		8,8,	[Pre: DIND 010]
DIPH	022	Communicable Diseases	[Pre: DIND 010]
Semester	. 111		
	Code	Course Title	
DIND	030	Nutrition Assessment and Sur	veillance
שווע	030	[Pre: DIND 020,DI	
DIND	031	Meal Planning, Management as	
שווע	031	Wicai i iaining, Wanagement a	[Pre: DIND 010]
DIND	032	Basic Biochemistry	[Pre: DIND 020;
DIND	032	Basic Biochemistry	DIEH 021]
DIPH	030	Epidemiology	[Pre: DIEH 022]
DIPH	031		
DIFII	031	HIV, AIDS & STI Managemer [Pre: DIEH	
DIPH	023		-
חזות	023	Non Communicable Diseases	[Pre: DIEH 022] IND 020, DIEH 021]
		[Fre: Di	IND 020, DIER 021]
Semester		G THE	
	Code	Course Title	ID DDID 0201
DIND	040	Therapeutic Nutrition I	[Pre: DIND 030]
DIND	041	Food Preservation and Process	
DIND	042	Principles of Nutrition & Beha	
			[Pre:DIND 030]

The duration of the programme will be 8 semesters

Semester	r V	
Course	Code	Course Title
DIND	050	Therapeutic Nutrition II [Pre: DIND 040]
DIND	051	Nutrition in the lifecycle Pre: DIND 042]
DIND	052	Food and Food Groups [Pre: DIND 040]
DIND	053	Nutrition Anthropology [Pre : DIND 043]
DIPH	054	Maternal Child Health and Immunization
		[Pre: DIND 020,DIEH 021, 022]
DIPH	055	Public Health Law and Ethics
Semester		G mu
Course		Course Title
DIND	060	Therapeutic Nutrition III
		[Pre: DIND 050]
DIND	061	Nutrition Education and Counseling
		[Pre: DIND 050]
DIND	062	Food Production for Invalids and Conval
		escents [Pre: DIND 031]
DIND	063	Nutrition in Emergencies[Pre : DIND 040]
DIND	064	Life Skills
DIPH	024	Occupational Health safety
Semester		
Course	Code	Course Title
DIND		Research Project [Pre: DIEH 045]
DIND	071	Nutrition in HIV&AIDS Management
		[Pre: DIEH 031]
DIND	072	Clinical practicum [Pre: DIND
		010,020,030,040,050,051,054,
		060,DIEH 022,024,031,054,]
DIPH	073	Health Projects Management
		[Pre: DIEH 062]
DIPH	075	Community Diagnosis
DBCC	019	Essentials of Entrepreneurship
DDCC	017	Essentials of Entrepreneursing
Semester	r VIII	
Course	Code	Course Title
DIND	080	Field Attachment
		[Pre;: All Units]
Note: 'P	re' mean	s pre-requisite course (s) offered in previous

Note: 'Pre' means pre-requisite course (s) offered in previous semester (s)

